

# MCH TRAINEE BLOG

[www.mchleads.com](http://www.mchleads.com)

Trainees across the nation connect through personal essays on real-world experiences with the 12 MCH core competencies.



## #11: WORKING WITH COMMUNITIES

“One of the project’s biggest take-aways is the need to provide community space to talk about sexual health in a non-stigmatizing safe space. Every day my community inspires me to continue this work.”

*Delilah Robb*  
University of Minnesota



## #1: MCH KNOWLEDGE

“Overall, my experiences from the University at Albany, School of Public Health Maternal and Child Health Program have provided me with a vast understanding of MCH issues. These experiences have allowed me to apply my skills and knowledge throughout my internships and beyond.”

*Laura Agnew*  
University at Albany



## #8: FAMILY-PROFESSIONAL RELATIONSHIPS

“I hope to continue to be active in this endeavor and start advocating for policies that will improve sexual health education and encourage parents to take on a more positive and active role. There is much work to be done.”

*Aida Ramon*  
Florida International University

## SEEKING AUTHORS!

Email a brief summary of your professional or volunteer experience or product (such as a video, poster, or infographic) [mchlead1@gmail.com](mailto:mchlead1@gmail.com)

  
SCHOOL OF PUBLIC HEALTH  
UNIVERSITY AT ALBANY  
State University of New York

  
SCHOOL OF  
PUBLIC HEALTH  
UNIVERSITY OF MINNESOTA

CENTER FOR LEADERSHIP EDUCATION  
IN MATERNAL & CHILD PUBLIC HEALTH